## The Communiqué

**Nahar International School** 



## In this Edition

01. Events
------------

<u>Grandparents - our timeless treasures!</u>

<u>Celebrating the spirit of freedom and unity!</u>

Hindi Diwas Celebration

Stars, stories, and endless memories!

A Resounding Success

Annual Sports Day 2024: A Celebration of Athleticism and Team Spirit

<u>Andaman Diaries</u>

<u>Indore Trip</u>

#### 02. <u>Active Learning</u>

Field trip to Ambrosia

Stronger bonds, joyful moments!

<u>Green House Celebrates Environmental Health Day</u>

Olympics & NIS: a cross curricular activity

A splash of colors, creativity, and culture at Kala Ghoda Art Festival 2025

Wow Science!

Wow Math!

Setting description using sensory words

<u> Mumbai Landmark - Treasure Hunt</u>

हिंदी पखवाडा

Beach Clean Up Drive

<u>Collaborative Learning-Peer tutoring - BST</u>

Exploring Ethics: A Peer Learning Session for Psychological Research

#### 03. <u>Students' Column</u>

A walk through the red door...

#### 04. Mentors' Column

Empowering Students through Career Counselling and International Education

To the treasures of tomorrow

#### 05. <u>Learning beyond academics</u>

<u>Aikyam</u>

Road Safety Campaign - 2025

Happy Place

<u>Vibe 3.0</u>

<u>Maharashtra Times Quiz</u>

#### 06. <u>IBDP</u>

French Spell bee

IBDP Students Take on the Infinity Math Championship

<u>A Fusion of Art and Literature for IBDP 2</u>

Stem Box Challenge

Presentation on Chile (Spanish Ab-Initio)

A Tasty Take on Mitosis and Meiosis!

Terrace Garden: Cultivating Responsibility and Sustainability

## 07. <u>Library</u>



#### Grandparents - our timeless treasures!

Our little explorers had a fantastic time on their first field trip to Ambrosia Park! Surrounded by lush greenery, they eagerly immersed themselves in nature and its many wonders.

After the trip, each class participated in exciting follow-up activities to extend their learning experience. EY1 created beautiful nature collages using leaves collected from the garden, while EY2 enjoyed a fun coloring checklist of everything they spotted at the park. Meanwhile, EY3 took part in a memory-mapping activity, piecing together their favorite moments from the day.

It was truly a day filled with adventure, creativity, and hands-on learning!









he Contents page

## Celebrating the spirit of freedom and unity!

The Independence Day Production by the 11th grade students beautifully captured the essence of freedom and culture. With wholehearted support from their teachers during the three-week preparation period, the students delivered a program rich in creativity, expressing it through various forms of art.

The event opened with a heartful, self-composed song by IBDP 1 students, exploring their understanding of freedom. Their lyrics and melody set a patriotic and reflective tone for the rest of the Following this, AS Level program. students presented a skit set in the 1970s, depicting a young boy's journey to understanding his culture and identity watching Doordarshan. through This performance highlighted the importance freedom could of how shape identity.

The production also featured a stellar kathak performance by AS Level students, set to a blend of traditional tabla beats and EDM music. This creative fusion brought the event symbolising the evolving nature of freedom and culture.

All in all, each performance demonstrated a profound appreciation of freedom, which made the occasion both intriguing and enjoyable.







Back to the Contents page

#### Hindi Diwas Celebration at Nahar International School

At Nahar International School, Hindi Diwas was celebrated with great enthusiasm and energy over a week long period of activities! This year's theme in the primary section was 'Khel' (Sports), focusing on Indian traditional games. The idea was to introduce students to India's rich cultural heritage through games, which are naturally close to children's hearts. Our main aim to celebrate Hindi Diwas was to get students to apply their existing knowledge of the language in their daily lives. It was truly a proud moment to see our children confidently speaking in Hindi and showcasing their linguistic talents by reciting poems and songs. Each grade participated in a variety of activities, making the event both educational and enjoyable. students immersed themselves in various listening, speaking, reading and writing activities in Hindi. Floor games, Hindi commentary, recitations of songs and poems on various sports were some of the interesting activities the children engaged in.

#### The Power of Podcast:

The celebration began with a special Hindi podcast series, running from the 2nd to the 7th of September, where students were introduced to various aspects of the Hindi language and culture. During this daily podcast, our Hindi facilitators interviewed the school Sports Head and other experienced teachers. The interview was conducted in Hindi and the children enthusiastically participated in the Q&A session at the end of every podcast that was titled, Muhje Jawab Do!

Grade 1 students learned a poem that introduced them to games like kabaddi, hockey, kho-kho, and gend. They also expanded their vocabulary by learning the names of many other traditional games. It was a great for them way to with their connect roots while enjoying the rhythm of the Hindi language.



**Grade 2** students dove deeper into traditional games by learning their rules and regulations. They even performed a skit on games, such as lagori, kho-kho, hockey, and kabaddi, thus bringing the games to life through storytelling and acting.





**Grade 3** students sang songs about different games, describing the equipment used and the rules that govern each game. This not only helped them learn about the games but also allowed them to express their creativity through music.

**Grade 4** students recited a song that emphasized the importance of sports in maintaining fitness and health. Through their performance, they motivated and encouraged their peers to engage in regular physical activity and to embrace the joy of playing sports.

Grade 5 students took their skills to the next level by preparing for a live Hindi sports commentary. They got a chance to experience what it's like to be a sports commentator, providing play-by-play narration of the games in Hindi. This was a fun and fruitful activity that helped them develop their speaking skills while also enjoying the excitement of sports.





#### Stars, stories, and endless memories!

This year's Edutour took our Grade 5 learners a beautiful location in Maharashtra ie. Bhandardhara. The students enjoyed the diverse range of activities during the four day trip. Out of them, the most fascinating were perhaps the exciting range of adventure sports and a visit to the windmill farm, where they had the opportunity to observe the wings of the windmill and understand how kinetic energy is transformed into electrical energy.

The highlight of the overnight trip was the village visit, where the students had the opportunity to experience rural life. They tried grinding wheat in the traditional stone mill (chakki) to make fresh flour, chop firewood with an axe, and made *rangoli* at the entrance of a village home. Furthermore, our students had the unique experience of sharing a traditional Maharashtrian meal in a village home prepared fresh for them by the village folk.

One of the most memorable moments of this rural immersion programme was the visit to a local BMC school. Our students happily interacted with local students and took turns to showcase their different talents. The local students welcomed our students by singing a song in their native language, and in return, our students sang songs in multiple languages to entertain them. They ended the day with an energetic round of traditional games with the local students, which was a wonderful show of camaraderie and sportsmanship.

This wonderful Edutour provided a fantastic opportunity for our students to take their learning beyond the four walls of a classroom and they came back feeling way more independent, responsible and matured individuals.









#### A Resounding Success

Chiaroscuro 2024 exceeded expectations, offering students with a well-rounded experience that seamlessly blended modern and traditional artistic practices. The expertise of the panelists and workshop instructors made the event both educational and inspiring. Student feedback was overwhelmingly positive, with many expressing a desire for more such events in the future.

"The workshops really helped me think differently about art," shared one participant. Another student remarked, "It was exciting to learn a traditional craft like dokra and explore game character design on the same day."

By combining expert guidance with creative freedom, *Chiaroscuro 2024* left a lasting impact, inspiring students to continue exploring the boundless possibilities of art in an ever-evolving world.







### Annual Sports Day 2024: A Celebration of Athleticism and Team Spirit

The much-awaited Annual Sports Day 2024 was a grand success, filled with energy, enthusiasm, and an incredible display of sportsmanship by our students. The event began with a spectacular **opening ceremony**, which included the **hoisting of the school flag**, a dignified **inspection of the parade**, and a **house march past** that demonstrated discipline and team spirit. The ceremony culminated with a **sports oath**, where all participants pledged to uphold the values of fair play and perseverance.

#### A Three-Day Extravaganza

To ensure maximum participation and fairness, this year's sports day was divided into three parts:

- Grade 6 (19th December 2024)
- Grade 7 & 8 (20th December 2024)
- Grade 9 to 12 (21st December 2024)

Each day brought its own set of thrilling competitions, with students showcasing their talent and dedication in various events. Throughout the competition, students gave their best to earn points for their respective houses.

The sports day featured a range of **athletic events** designed to test students' speed, endurance, and strength. Additionally, students displayed exceptional **team spirit and camaraderie** in engaging activities such as **Tug of War, Telly Matches**, and the **House March Past**.









## Annual Sports Day 2024: A Celebration of Athleticism and Team Spirit

This year for the first time, **Middle school parents were invited** to witness the event, cheer for their children, and be a part of this memorable occasion. Their enthusiastic presence added to the excitement, making the event even more special for the students.

The Annual Sports Day 2024 was a wonderful experience for everyone involved. It was heartwarming to see students display **eagerness**, **dedication**, **and sportsmanship** throughout the event. The enthusiasm and competitive spirit of the participants made this event truly remarkable. The sports day not only encouraged a love for athletics but also strengthened the bond among students, teachers, and parents.

We look forward to another exciting edition next year, with even greater zeal and participation!















#### Andaman Diaries

Our recent five-day Edutour to the Andaman Islands was an unforgettable experience, offering a perfect blend of adventure, teamwork, and an appreciation for island life. From the moment we arrived, the pristine beaches, turquoise waters, and lush greenery set the tone for an exciting journey.

One of the highlights of our trip was snorkeling in the crystal-clear waters, where we witnessed vibrant coral reefs and diverse marine life up close. It was a fascinating glimpse into the underwater world, reminding us of the importance of marine conservation as we learned that many of the corals were recently bleached due to global warming. Another thrilling activity was raft building, which tested our problem-solving and teamwork skills. Constructing a functional raft using limited resources taught us valuable lessons such as collaboration, innovation, and resilience.

Beyond the adventure, this trip brought us closer as classmates and grade-mates. Whether it was working together to build a raft, encouraging each other during snorkeling, or sharing stories under the starry sky, we bonded in ways that wouldn't have been possible in a classroom. Living the island life also taught us to appreciate the simple joys of nature, something we often overlook in the city.

As we returned home, we carried with us not only wonderful memories but also stronger friendships, a deeper understanding of teamwork, and a renewed appreciation for our environment.











#### Indore trip

Participating in the Under-17 National Football Competition in Indore held by International School Sports Association (ISSO), with my school team from Nahar International School was an unforgettable experience. We landed on the morning of 18th September, accompanied by our A-levels coordinator, Mr. Sumit Maru, and our coach, Mr. Saif Shaikh. Although we were knocked out after playing intense games, the trip was much more than iust We stayed at a hotel with great amenities like a pool, where we went swimming and even played volleyball in our free time. We also explored Phoenix Mall and did some shopping, all with the enthusiastic participation of Mr. Sumit and Mr. Saif. Mr. Sumit ensured we balanced our studies with the fun, while Mr. Saif's unwavering belief in the team kept us motivated. A memorable moment was celebrating a teammate's birthday, which added a personal touch to the trip. Daily calls to our parents allowed us to stay in touch with home while we enjoyed our time in Indore, while timely updates from the teachers on the WhatsApp were greatly appreciated by the parents too. group Sharing rooms in pairs, I had the chance to get to know new people and build stronger connections with my teammates. Overall, this trip was not only about competition but also about bonding and creating lasting memories. I'm already looking forward to next year!









#### Field trip to Ambrosia

Our little explorers had a fantastic time on their first field trip to Ambrosia Park! Surrounded by lush greenery, they eagerly immersed themselves in nature and its many wonders.

After the trip, each class participated in exciting follow-up activities to extend their learning experience. EY1 created beautiful nature collages using leaves collected from the garden, while EY2 enjoyed a fun coloring checklist of everything they spotted at the park. Meanwhile, EY3 took part in a memory-mapping activity, piecing together their favorite moments from the day.

It was truly a day filled with adventure, creativity, and hands-on learning!









### Stronger bonds, joyful moments!

Our recent event brought parents and children together for an action-packed day filled with fun activities, learning, and quality family time. The atmosphere was brimming with joy and laughter as families created unforgettable memories.

The day began with a hands-on pottery session, where both kids and parents got creative with clay. From imaginative shapes to artistic figures, everyone enjoyed crafting and letting their creativity flow. Next, we had an engaging storytime with hand puppets, where children were completely captivated by the lively puppet characters and their adventurous tales.

In the spirit of friendly competition, we organized classic board games. Parents teamed up with their little ones, taking turns rolling the dice and navigating the game pieces, making for an afternoon of bonding and laughter.

A visit to the Montessori class offered both children and parents the chance to explore hands-on learning experiences, sparking curiosity and encouraging independent thinking. The excitement continued in PE class with fun games like Kho Kho and musical hula hoops, which got everyone moving while promoting teamwork and coordination.

For our art enthusiasts, the art therapy session was a highlight! With soft music playing in the background, children expressed themselves through painting and drawing, while parents joined in, creating alongside them.

It was truly a day to remember—full of creativity, learning, and shared moments of joy. We can't wait for the next event at Bees and Cubs, where we'll continue celebrating education, creativity, and family fun!







#### Green House Celebrates Environmental Health Day

On September 27, 2024, Green House at Nahar International School enthusiastically marked World Environmental Health Day. Students engaged in discussions, watched videos, and created posters to express their thoughts on conserving nature.

To promote environmental responsibility, Green House volunteers encouraged a two-hour air conditioning shutdown, allowing students to appreciate fresh air and reflect on privileges like clean water and healthy food. Teachers and staff showed solidarity by wearing green. Despite mild discomfort, students embraced the initiative, eager for more such days—fueling our Green Dream! Stay tuned for future efforts!











In our recent reading session, students explored Room on the Broom by Julia Donaldson through an interactive and engaging approach.

The teacher set the stage with a lively cackle, a witch's hat, and a broom, instantly capturing attention. Storytelling was enhanced with voice modulations and sound effects, bringing characters to life. Students actively participated by reading the magic spell together and mimicking the witch's cackle.



To assess comprehension, they enacted the story using props, showcasing enthusiasm and creativity. The session successfully improved engagement, participation, and vocabulary, making learning both enjoyable and memorable.

## Olympics & NIS: a cross curricular activity

In our Grade 4 French classrooms, students engaged in lively discussions about the origins of the Olympics, the countries that participate, and the various sports featured in the Jeux Olympiques. To deepen their understanding and provide them with active learning opportunities, a collaborative event with the PE department was organized during the first week of September. This event was an engaging way to capture the spirit of the Olympics. It was held in the indoor PE room and featured a variety of adapted Olympic sports and activities, tailored to suit the students' age groups and skill levels. They participated in mini table tennis, hockey, and football, all while using French vocabulary to identify the sports.

Throughout the event, students were reminded of the five educational themes of Olympism: joy of effort in sport and physical activity; fair play; respect for others; pursuit of excellence and balance between body, will and mind. In table tennis, they learned about teamwork, while in football and hockey, they practised perseverance and respect for fellow players. The spirit of the Olympics was alive as they cheered each other on, embodying the motto "Le plus haut, le plus vite, plus

These engaging experiences vividly captured the essence of French culture and its passion for sports, while also fostering a sense of community and global understanding among the students.











#### A splash of colors, creativity, and culture at Kala Ghoda Art Festival 2025

The world famous Kala Ghoda Arts Festival (KGAF), was held in the last week of January that transformed the heart of Mumbai into a vibrant hub of arts, crafts, and creativity. This year marks the 25th edition of the festival, celebrated for its vibrancy, drama, and rich cultural display.

This year's festival themed "Silver" was even more special because our students took part in this festival. Our incredibly talented young artists from High school created breathtaking masterpieces, showcasing the boundless imagination, innovation, and collaboration that we proudly nurture at our school.

Therefore, an exciting field trip was organized for the Grade 4 and 5 students to visit the Kala Ghoda Art Festival and enjoy the exhibition. The event introduced our students to a variety of art forms to stimulate their senses and foster an

appreciation for diverse artistic expressions.







#### Wow Science!

NIS has always believed in prioritizing the cultivation of human values in children to create a strong foundation for our future thinkers and leaders. In a world increasingly dominated by machines, nurturing these values is an essential skill for the future. We firmly believe that when primary students engage with core subjects through hands-on, experiential learning, they become more collaborative, agile, and creative, truly embodying the spirit of the Cambridge Learner Profile. We have always been in the forefront of technological adoption and we took another step in that direction by adopting an innovative teaching tool provided by Tinker Village. Based on the 5E model (Engage, Explore, Explain, Extend, and Evaluate), each student was provided with materials and a log journal to Predict, Observe and Record allowing the students to link the concepts to real world applications.

#### **Tinker Village:**

Our Grade 4 children were particularly about the experiential enthusiastic learning activities. They carefully matched the items with the checklist, wrote down their initial predictions, and then built the particle models. The syringe and plunger activity was a highlight for them, providing practical insights into particle arrangements and properties of matter. Additionally, they some fascinating particle arrangements of solids, showcasing their understanding and creativity.







#### **States of Matter:**

With the Tinker Village teaching tool, the students were introduced to the concept of Particle arrangement of States of matter. They explored how solids, liquids and gases are made up particles that are arranged differently. They began by creating models using thermocol balls, thread, toothpicks, and a glass to visualize particle arrangements in the three Next, they carried out a compression experiment using the plunger of the syringe, where they observed that gases could still be compressed when the other end was blocked, unlike water, which resisted compression. The enthusiastic participation from the students made the lesson both memorable and impactful.



#### Wow Math!

Our latest WOW Math class turned learning into a fun, hands-on experience, allowing students to apply their Math skills in a real-world setting.

To reinforce addition and subtraction, we set up a mini shopping area where students became shoppers, selecting items like snacks, toys, and books, each with a price tag. This interactive activity made learning both exciting and meaningful.

Students began by creating shopping lists, choosing items they wanted to "buy." Next, they calculated the total cost by adding up the prices of their selected items. To strengthen their subtraction skills, they determined how much change they should receive by subtracting the total from the amount given to them. Finally, they double-checked their calculations to ensure accuracy.

This engaging approach helped students connect Math to everyday life while improving problem-solving and critical thinking skills. We're proud of their enthusiasm and the deeper understanding they gained through this activity!









Back to the Contents page

Setting description using sensory words

At NIS, it is a constant endeavour to make learning more interesting and engaging for our young learners. Let us see how this was made possible by extending the learning experience beyond the four walls of our classrooms during a Grade 3 English class.

The topic of the day was Sensory words and a precursor to the session was done the previous day whereby, students were introduced to the concept of Sensory words that are essentially adjectives associated with how we experience our surroundings through the five senses.

Therefore, on a bright sunny morning, our Grade 3 class was taken to the BMC garden to experience the wonderful five senses that helped them to write a setting description.

The students were really excited to visit the multi-hued garden and spent fifteen minutes inspecting the flora and fauna of the garden. The kind and friendly gardener was eager to let our children experience the different varieties of leaves that were growing in the garden. He brought samples of 3 types of leaves aromatic lemon leaves, spicy curry leaves and fragrant tulsi leaves. The students touched and smelled the leaves while observing their natural texture. Some of them brought back the leaves as they wanted to stick them in their notebooks.

Attention was drawn to the sights and sounds that included the hot sun, different types of trees, shrubs and bushes, flowering plants like hibiscus, shapes and colours, bunches of lemon hanging from the branches, their smell and smooth texture, colourful butterflies, sounds of chirping of birds and buzzing of bees, whirring of dragonflies etc.

After experiencing the bounties of nature, our excited students came back to the class where they drew and coloured the garden, and wrote a setting description using sensory words. They even managed to spot a striped golden cat and wrote about her.

Some photos are attached for reference. Overall it was a fun session for the kids and extremely effective in terms of achieving learning outcomes. Experiential learning sessions like these provide opportunities for using the outdoors beautifully to create more engaging creative writing sessions for young learners.





Back to the Contents page

#### Mumbai Landmark - Treasure Hunt

This month in our Grade 3 Geography classroom, we extended the learning experience beyond the confines of the four walls as our excited children engaged in a team-based Mumbai Landmark Treasure Hunt.

In pairs, they embarked on a quest to find various iconic Mumbai Landmark pictures across different locations. They were guided by smart clues which they had to read and decipher. Starting from their classrooms to the cubbies, they went to each locations, eagerly hunting for the pictures. They were discovered in areas such as the cafeteria, library, music room, dance room, reception, foyer, and the turf. The children cracked the clues, and celebrated their rejoiced success making the treasure hunt game an enjoyable experience.











#### हिंदी पखवाड़ा

"अगर आप कि<mark>सी से ऐसी भाषा में बात करते हैं जो वह समझता</mark> है, तो वह उसके दिमाग में जाती है। लेकिन अगर आप उससे उसकी भाषा में बात करते हैं, तो वह उसके दिल में उतरती है।"

नेल्सन मंडेला

नाहर इंटरनेशनल विद्यालय में सितंबर माह में दिनांक २ सितंबर से ९ सितंबर,२०२४ तक हिंदी पखवाड़ा उत्साहपूर्वक मनाया गया।इस कार्यक्रम का उद्देश्य विद्यार्थियों में हिंदी भाषा के प्रति प्रेम और जागरूकता को बढ़ावा देना था। पखवाड़े के दौरान विभिन्न गतिविधियों का आयोजन किया गया, जिसमें माध्यमिक विदयालय से लेकर कॉलेज तक की कक्षाओं के विदयार्थियों ने बढ़-चढ़कर हिस्सा लिया।

कक्षा छः के लिए "निर्देश लेखन" का आयोजन किया गया, जिसका उद्देश्य श्रवण क्षमता, तार्किकता और स्पष्ट अभिव्यक्ति विकसित करना था। शिक्षकों ने निर्देश लेखन का महत्व समझाकर गतिविधि शुरू की। प्रत्येक कक्षा के लिए विभिन्न प्रकार के निर्देश लेखन के विषय थे। विद्यार्थियों ने ओरिगेमी से मछली, तितली, चिड़िया बनाई और कमीज तह करना सीखा। मिट्टी से जुड़ना हर किसी उम्र के लोगों को पसंद होता है,तो हमने उन्हें मिट्टी की भीनी - भीनी खुशबू का अहसास दिलाया। जहाँ उन्होंने निर्देश सुनकर मिट्टी से गणेश प्रतिमा बनाकर प्राकृतिक स्पर्श का अनुभव लिया। आधुनिकता से जुड़ते हुए, आईसीटी में "लोगो इंटरप्रेटर" सॉफ़्टवेयर के जिए स्क्रीन पर विभिन्न आकृतियाँ बनाई। कक्षा के बाहर सभी सॉफ्ट बोर्ड रचनात्मक रूप से सजाए गए।

हिंदी पखवाड़ा के अंतर्गत आयोजित नाटक मंचन का सबसे महत्वपूर्ण और आकर्षक प्रदर्शन "भारतेन्दु हरिश्चन्द्र " द्वारा रचित प्रसिद्ध नाटक "अंधेर नगरी" का मंचन था। यह नाटक भारतीय साहित्य का एक कालजयी रचना है, जो सामाजिक और राजनीतिक स्थितियों पर तीखा व्यंग्य प्रस्तुत करता है।

कक्षा सात के विद्यार्थियों ने नाट्य प्रस्तुति कक्षा छह के विद्यार्थियों के लिए की छात्रों ने इस नाटक के पात्रों को जीवंतता के साथ प्रस्तुत किया। राजा, मंत्री, गुरु, शिष्य, और अन्य पात्रों की भूमिकाओं में विद्यार्थियों का अभिनय अत्याधिक प्रभावशाली रहा। उन्होंने अपने संवादों के माध्यम से नाटक के व्यंग्यात्मक स्वर को खूबसूरती से प्रस्तुत किया। नाटक के हास्य और व्यंग्य दोनों पहलुओं को छात्रों ने अच्छे से समझा और मंच पर उतारा। "अंधेर नगरी" का मंचन केवल मनोरंजन तक सीमित नहीं था; यह नाटक हमारे समाज की विभिन्न समस्याओं जैसे अन्याय, तानाशाही, और अव्यवस्था पर करारा व्यंग्य था। छात्रों ने नाटक के संदेश को प्रभावी ढंग से प्रस्तुत किया

संवादों का रंगमंच के अंतर्गत चित्र संवाद गतिविधि आयोजित की गई, जिसमें विद्यार्थियों ने चित्रों के आधार पर रचनात्मक संवाद लेखन किया। इस अभ्यास ने उनकी कल्पनाशक्ति, लेखन क्षमता और विचारशील दृष्टिकोण को विकसित किया, साथ ही भाषा कौशल को भी प्रोत्साहित किया।

अंततः यह गतिविधि हिंदी पखवाड़ा के उत्सव का एक प्रमुख अंग रही, जिसने छात्रों को भाषा और अभिव्यक्ति के प्रति और अधिक जागरूक बनाया।





"मेरी अभिव्यक्ति" इसके अंतर्गत कई दिग्गज और महान लोगों के चित्र और उनके भाषण लगाए जैसे नेहरू, अटल बिहारी, अब्दुल कलाम, मदर टेरेसा, सुभाष चाँद बोस, रतन टाटा, विराट कोहली, नारायण मूर्ती, गंगाधर तिलक, रविन्द्र नाथ टैगोर, धीरू बाई अंबानी किक्षा आठ के लिए हिंदी भाषण प्रतियोगिता आयोजित की गई, जिसका उद्देश्य स्पष्ट अभिव्यक्ति व आत्मविश्वास बढ़ाना था।

"आशु भाषण" के पहले दौर के बाद प्रत्येक विभाग से 3 छात्र फाइनल में पहुँचे। कुल १२ प्रतिभागियों ने "जहाँ चाह वहाँ राह," "स्वच्छ भारत," "पुस्तक पढ़ने का महत्व," "इंटरनेट के लाभ," और "भारतीय खाना" विषयों पर प्रभावशाली भाषण दिए। विद्यार्थियों का आत्मविश्वास व उच्चारण सराहनीय रहा, और उन्हें भविष्य में भी भाग लेने के लिए प्रोत्साहित किया गया।

हिंदी ने देखे युगों के रंग, हर दिल में बसी, रही सदैव संग। वर्तमान में बढ़ाना है इसका मान, भविष्य में छूएगी नई उड़ान।

हिंदी पखवाड़ा के तहत कक्षा 9 के विद्यार्थियों ने "हिंदी का अतीत, वर्तमान और भविष्य" विषय पर ७-भागीय पॉडकास्ट तैयार किया। इसमें हिंदी भाषा का महत्व, विकास, रोचक तथ्य, साहित्य, तथा डिजिटल युग में इसकी प्रासंगिकता पर चर्चा की गई।इसका उद्देश्य विद्यार्थियों को हिंदी भाषा के ऐतिहासिक, वर्तमान और भविष्य के स्वरूप से परिचित कराना था। उन्होंने साहित्य, मीडिया, शिक्षा और तकनीकी युग में हिंदी के विस्तार पर शोध किया। पॉडकास्ट ने संवाद, संपादन, और साक्षात्कार कौशल विकसित करने में मदद की। विद्यार्थियों ने आत्मविश्वास से अपने विचार प्रस्तुत किए, जिससे उनका शोध, तकनीकी और समूह कार्य कौशल भी निखरा। यह अनुभव ज्ञानवर्धक और प्रेरणादायक रहा।

#### "हर रंग में बसी है जो, वो है भारतीय संस्कृति की रोशनी!"

भारतीय संस्कृति विविधता में एकता का प्रतीक है, जो भाषाओं, परंपराओं और जीवन शैली में झलकती है। कक्षा दसवीं के विद्यार्थियों ने भारतीय व्यंजन, पोशाक, भाषाएँ, त्योहार, मसाले और पर्यटन स्थल जैसे विषयों पर शोध कर लेख तैयार किए।उन्होंने विभिन्न स्रोतों का उपयोग कर अपने विचार स्पष्ट रूप से प्रस्तुत किए, जिससे उनका लेखन कौशल और सांस्कृतिक ज्ञान समृद्ध हुआ।

कक्षा बारहवीं के विद्यार्थियों ने हिंदी भाषा के विभिन्न पहलुओं पर आकर्षक रील तैयार की, जिसमें वर्णमाला, मुहावरे, अंक और दिलचस्प तथ्यों को शामिल किया गया। इस परियोजना का उद्देश्य हिंदी की समझ को गहरा करना और रचनात्मक कौशल विकसित करना था। विद्यार्थियों ने स्थानीय भाषा विशेषज्ञों, शिक्षकों और अन्य लोगों से साक्षात्कार लेकर जानकारी जुटाई। सामग्री को संपादित कर जानकारीपूर्ण ग्राफिक्स और बैकग्राउंड संगीत जोड़ा गया, जिससे रील को स्पष्ट और मनोरंजक बनाया गया।

इस पखवाड़े के माध्यम से हमने भाषा की विविधता और समृद्धि को एक नई दृष्टि से देखा और इसका महत्व समझा। आइए, हम इस उत्साह और समर्पण को बनाए रखें और अपनी मातृभाषा को आगे बढ़ाने के लिए निरंतर प्रयासरत रहें।

"हर अक्षर में छिपी है कहानी, हर शब्द में है ज्ञान की ज्योति "

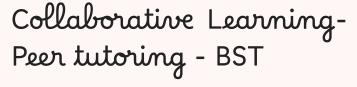




#### Beach Clean Up Drive

Our school participated in a beach cleanup drive that was both inspiring and rewarding. Learners of grades 6 to 9 and AS, left early in the morning on September 17, 2024, and arrived at Versova beach buzzing with energy. Notable figures like Ayushmann Khurrana and real estate leaders Mr. Hiranandani and Mr. Nahar were present, sharing their insights with everyone.

After a refreshing mindfulness session, the learners got to work, cleaning their designated area alongside other schools and organizations. Their efforts paid off when NIS received the award for the most volunteers! The learners were very delighted to contribute to such a meaningful cause. They left the beach feeling proud and inspired to continue making a difference in our community.



In a collaborative learning initiative, Grade 10 students took on the role of peer tutors to guide and teach their Grade 9 counterparts.

This peer tutoring not only allowed the Grade 9 students to grasp new concepts more effectively but also allowed Grade 10 learners to reinforce and deepen their understanding of previously learned topics.

With their peers as tutors, Grade 9 students experienced a more friendly, relaxed and approachable classroom environment. They felt comfortable asking questions, clarifying doubts, and receiving explanations that were more relatable.







#### Exploring Ethics: A Peer Learning Session for Psychological Research

Our talented A-Level Psychology students recently led a highly engaging peer learning session for their AS Psychology classmates, centered on the critical theme of ethics in psychological research.

The session featured an impressive array of PowerPoint presentations, as well as interactive and thought-provoking discussions that stimulated a lively exchange of ideas. The initiative aimed to foster collaboration between junior and senior students, while encouraging meaningful conversations on ethical considerations in research.

The group explored pressing ethical questions such as: What are the boundaries of acceptable human research? Should the use of animals in research be permitted? How can ethical standards be improved across different fields of study? The discussion also prompted students to consider research ethics in other domains, such as medicine and cosmetics.

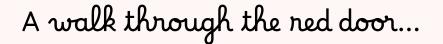
Supervised by psychology teachers, this peer-led session provided a valuable platform for reflection and dialogue, encouraging students to critically assess the ethical impact of research on both human and animal subjects. Complex issues like cost-benefit analysis and the moral dilemmas of prioritizing human welfare over animal rights sparked insightful conversations.

It was inspiring to witness our students not only sharing knowledge but also cultivating a thoughtful approach to navigating complex ethical challenges.



# Students Column





A walk through the red door, led me into a room so dark.

Its fear filled my head , From the corner of my eye. I saw a spark.

A spark so bright, It blinded my sight.

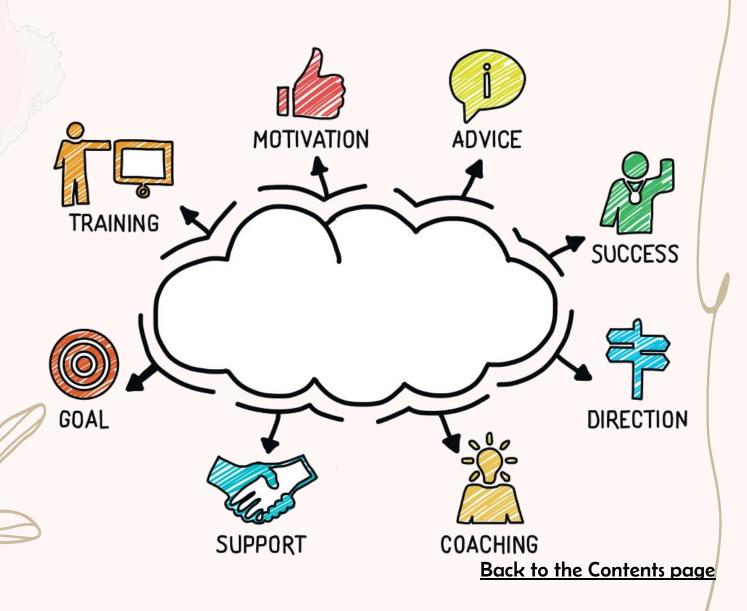
And I thought to myself, What if I held this light?

As I touched the hard stone,
It reflected my heart
and as I touched the light,
It tore me apart.

I fell so deep, my body felt sore, awakened from my sleep. Back at the red door.

- Aiyona Bapari and Ahaana Ramanathan

# Mentons' Column



## Empowering Students through Career Counselling and International Education

The world is evolving rapidly, and with it, the landscape of higher education is changing. As parents, you may have many questions and concerns: Which pathway is right for my child? Will an international education truly benefit them? How will visa restrictions impact their future opportunities? If they study in India, will they still gain the skills needed to succeed in a global workplace? If they have to study in India why should they have an international education? These are valid concerns and our goal is to provide clarity and reassurance.

At our school, career counselling is not just about selecting a university—it's about helping students find the right fit based on their aspirations, strengths, and potential. We believe in prioritizing what is best for each student, rather than simply focusing on university rankings or brand names.

#### A Student-Centric Approach to Global Education

Every student's academic journey is unique, filled with challenges and unexpected detours. These experiences help shape their personal and professional growth. Our career counselling program is designed to support students at every step, equipping them with the knowledge and confidence to make informed decisions about their future. The school through CIALFO equips students from Grade 9 onwards to explore programs, universities and pathways for the future.

To assist students in exploring their options, we organize various initiatives:

- University Fairs: Students get firsthand insights into diverse academic programs and campus life from universities in India, the U.S., and other key destinations.
- Information Sessions: Experts guide students through university applications, scholarships, and course selections, making the admission process easier to navigate.
- Master Classes: These interactive sessions introduce students to various fields of study, helping them identify potential career paths before making a commitment.
- One to One Sessions: Sessions provide personalized guidance to help students explore their interests, strengths, and suitable university options. These meetings also support students through every stage of the university application process, from course selection to essay writing and interview preparation.

#### **Navigating a Changing Global Landscape**

The increasing visa restrictions and evolving policies in countries like the U.S., Canada, and Australia have left many families wondering whether international education is still the right choice. The reality is that while these changes create uncertainty, they also highlight the importance of adaptability in an interconnected world.

Whether students choose to study abroad or remain in India, an international education mindset prepares them for success. Many top universities now expect students to have a strong global perspective, critical thinking skills, and the ability to adapt to different cultural and professional environments. These skills are essential, not only for higher education but also for the modern workplace.

#### From Dreams to Reality: The Role of Career Counselling

Our role as educators and counsellors is to open doors for students, not just to universities but to a future where they can thrive. Career counselling helps students with every stage of their journey, from selecting the right course to completing applications, writing strong essays, preparing for interviews, and understanding financial aid options.

Most importantly, international education is about developing essential skills—problem-solving, collaboration, communication, and adaptability—that will help students succeed no matter where they study or work. These competencies are valued in universities worldwide and in today's rapidly changing job market. By focusing on what truly matters—finding the right fit for each student—we ensure they are equipped for the future. Whether they study in India or abroad, they will graduate as confident, globally-minded individuals ready to take on the challenges of the real world.

Through career counselling, we are not just shaping academic futures—we are helping students build lives filled with opportunities, growth, and success.



- Ms. Theresa Joseph



## To the treasures of tomorrow

You who have so much to give, Bright as dawn, alive as the tide, Each thought is a gem, each dream is a spark, A lantern that glows in the vast and wide.

You, my cherished jewels so rare, Strung together with love and care. Each jewel is important in the necklace of time, A bead of wisdom, a bell that chimes.

Some of you gleam like diamonds bold, Carved by trials, strong yet gold. Faceted bright with fire inside, Unshaken, fierce, and full of pride.

Others are rubies, rich and deep,

\* Burning with dreams that never sleep.

With hearts that blaze, with voices strong,

Like echoes that dance in the winds of dawn.

And then there are the pearls from the oyster's embrace, Soft in shimmer, quiet in grace. Hidden in depths where patience grows, A silent glow that gently flows.

> Emeralds of wisdom, sapphires so wise, Glistening thoughts in knowing eyes. Some shine loud, some whisper light, Yet all are radiant, all are dazzling.

No jewel is lost, no bead misplaced, Each one adds to the beauty we trace. So go forth, my gems, let your colors ignite, For the world is waiting to see you shine bright.

- Ms. Malvika Patel





## Aikyam

The Aikyam event, held on 28th September 2024 (Saturday), was a vibrant and engaging experience for all participants. Led by DP1 students Nabha (CL) and Joanna (ACL), the event brought together creativity, collaboration, and enthusiasm.

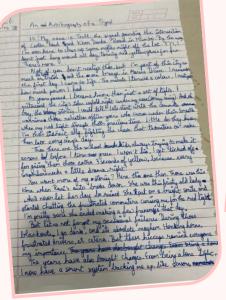
Students showcased their talents in various events such as Comic Chronicles, Creative Confluence, Kuch Toh Gadbad Hai, Aikyam Masterchef, and more. The IB students played a crucial role in guiding and supporting the participants as they prepared for their chosen competitions. A special highlight of the event was Aksh Jain securing First Place in Comic Chronicles, demonstrating exceptional creativity and storytelling skills.

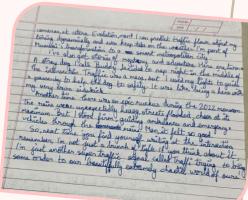
Overall, Aikyam 2024 was a day filled with excitement, teamwork, and unforgettable moments, leaving everyone with enriching experiences and lasting memories.

## Road Safety Campaign - 2025

The Greater Mumbai Police had organized an Essay Writing Competition and a Poster Making Competition as part of the Road Safety Campaign - 2025. This initiative aimed to raise awareness about road safety among students and provide them with an opportunity to express their creativity and thoughts on this crucial subject. The topics for the Essay Writing Competition included "An Autobiography of a Signal" and "Vehicular Pollution," while the topic for the Poster Making Competition was "Follow the Traffic Rules, Avoid God of Death." Students participated and contributed to spreading awareness about road safety. Through this initiative, students not only enhanced their understanding of road safety but also showcased their creativity and awareness on this vital issue. The enthusiastic participation and engagement of students reflected the success of the event in achieving its objective of promoting road safety awareness.







#### The Happy Place

'The Happy Place' event at Aditya Birla School was truly a vibrant and exciting occasion, with an atmosphere brimming with enthusiasm. The event, which was organized and conducted by the students themselves, was a great success. Every detail of the event was well thought out, and the coordination was seamless. From the moment the attendees arrived, students were there to guide them, ensuring they had a smooth experience. They were stationed at various points, from the parking area to directing guests and participants to the appropriate venues, creating an organized and welcoming environment for everyone.

Our NIS students participated in a wide range of categories, showcasing their talents in dancing, singing, drawing, video making, and poem recitation. Each participant was confident and gave their best performance, displaying a remarkable level of dedication and enthusiasm. It was clear that they had put in a lot of effort, as they performed with great zeal and energy, making the event truly special and memorable for all those involved.

As the competition progressed, it became increasingly intense, which understandably caused a few jitters among our dancing and singing students. However, despite the rising pressure, their performances remained unaffected, and they continued to shine on stage. The audience's applause and appreciation were a testament to their outstanding efforts. Our students, not only focused on their own performances, were also eager to watch and enjoy the other participants. They were excited to stay until the very end, not only to cheer for their peers but also to acknowledge and appreciate the talent displayed by everyone.

We left the event with big smiles, feeling proud of our efforts and performances. As we headed back, we carried with us the joy of the experience. After all, 'The Happy Place' wasn't just about the competition; it was about the memories, the camaraderie, and the joy we shared together.



#### Vibe 3.0

Day 1- Vibe was an inter - school event, organized by NEXT school mulund. There multiple fields like were music, performance, sports, product design, trivia, fashion, cooking, and gaming was organized for all the students. In this event our students have participated in Dance, music & art activity. They have enjoyyed doing all the activity. The coordination of the NEXT team was smooth and well planned. Everything was managed by the IB students. We have also got selected for dance & singing for the final round. This event has given hands experience to our studnets.



### Maharashtra Times Quiz

Maharashtra **Times** The Quiz competition took place on Saturday, 25th January 2025, at Universal AI University in Karjat. Three students participated in this event, which focused on general knowledge and covered various categories. The competition was engaging, keeping students on their toes as they strived to earn every point. Our students successfully reached the semi-final round but unfortunately missed the opportunity to qualify for the final. Overall, it was a valuable enrichina experience for and them.









#### French Spell bee

The French Spell Bee competition is a vibrant and engaging event designed to deepen students' connection to the French language and culture. The competition provides a platform for participants to enhance their vocabulary and improve spelling skills, all while gaining exposure to the linguistic nuances of French. Students take part in the event with a lot of enthusiasm, eager to spell a diverse range of words, from everyday terms to more specialized vocabulary, reflecting different aspects of French culture, cuisine, and geography.

Beyond its focus on language skills, the French Spell Bee fosters cultural appreciation, offering insights into the rich history and traditions of French-speaking countries. The competition encourages not only linguistic precision but also a sense of global citizenship, as students learn more about the diversity of the Francophone world. It promises to be a fun and rewarding experience, aimed at building confidence in the students' language abilities while making learning interactive and enjoyable. Our students from grades 7, 8, 9 and 11 participated in the event. The event was an online one.

## IBDP Students Take on the Infinity Math Championship

Students from **IBDP Year 1 and 2** recently put their mathematical skills to the test at the prestigious **Aditya Birla Group's Infinity Math Championship**. With enthusiasm and determination, they tackled complex problems, engaged in rigorous problem-solving, and explored the diverse applications of mathematics beyond the classroom.

Though they narrowly missed qualifying for the final round, the competition proved to be an invaluable learning experience. It challenged their analytical thinking, encouraged them to approach problems from multiple perspectives, and deepened their appreciation for the intricacies of mathematics.

Reflecting on the experience, one student shared, "The championship pushed us to think beyond formulas and calculations. It was an exciting challenge that made us see math in a whole new light."

With sharpened skills and a renewed passion for mathematics, the students are eager to take on future challenges, proving that learning goes far beyond results—it's about the journey of discovery and growth.

#### A Fusion of Art and Literature for IBDP 2

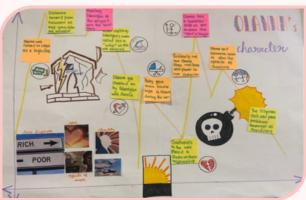
As a culminating activity finalizing their literary text Half Of A Yellow Sun, a novel by Chimamanda Adichie, IBDP 2 students recently engaged in a collaborative project with the Art department, bringing their understanding of the novel to life through creative expression. Having analyzed the novel's themes, characters, and narrative structure in depth, students were encouraged to use artistic mediums to showcase their interpretations. They created artifacts and montages based on plot, posters, storyboards and scrolls using color theory to reflect character dynamics. One group even wrote a rap & performed the bars to capture the essence of the plot and thematic progression.

This cross-disciplinary activity provided a stimulating way for students to synthesize their learning. By blending the analytical precision of literary study with the creativity of visual and performing arts, students were able to approach the novel from new perspectives. The project fostered teamwork and allowed students to express their insights in original and meaningful ways. This enriching experience not only deepened their engagement with the novel but also highlighted how literature can be explored beyond the written word. It was a powerful and collaborative way to conclude their study, encouraging both creative freedom and critical reflection.









Back to the Contents page

#### Stem Box Challenge

AS and IBDP1 students participated in a STEM BOX CHALLENGE from Australian National University (ANU) developed for secondary and higher secondary students.

This gives them the opportunity to dive into hands-on experiences in astronomy, environmental science, biology, chemistry, engineering, earth science, Loaded and physics. math, equipment and resources, these boxes are their ticket to exciting experiments, critical promoting thinking, problem-solving, and other essential STEM skills.

AS Level and IBDP1 students participated in the STEM BOX CHALLENGE organized by Australian National University (ANU). They secured first place in the challenge. several of the schools Out participated across the Globe, Nahar International school stood first. Each of planned and conducted the group experiments provided in the STEM Box and collated it all in a 2 min video and presentation. The School received a trophy and certificate for the school and certificates for students and teachers.









#### Presentation on Chile (Spanish Ab-Initio)

The IBDP-1 Spanish Ab Initio students recently showcased their impressive presentation on Chile, capturing the essence of the country's culture, history, geography, and more. This project not only provided the students with an opportunity to deepen their knowledge of Chile but also allowed them to practice their language skills engagingly and practically.

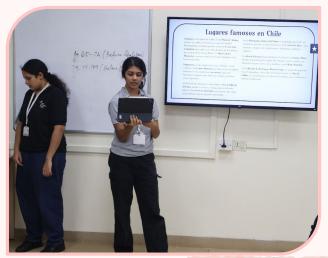
One of the highlights of the presentation was the focus on Chilean culture. The students delved into traditional music and dance, such as the cueca, the country's national dance.

This project was a valuable opportunity for the students to apply their language skills while gaining a deeper understanding of a key country in the Spanish-speaking world. It also served as a platform for them to develop research, collaboration, and public speaking skills—key competencies in the IBDP program.

Overall, the Chile presentation was a great success, reflecting both the hard work of the students and the richness of Chilean culture.









### A Tasty Take on Mitosis and Meiosis!

For our biology project on mitosis and meiosis, we made a physical display to show the two types of cell division. We started by designing a chart to explain the processes. To make it stand out We cut circles from pink chart paper and attached them to black chart paper, creating a striking pop-out effect. To achieve this, we added a layer of paper between the pink circles and the black background, making them protrude and adding a 3D element to the design. Inside these circles, we drew the different phases of mitosis and meiosis using colored sketch pens to highlight important details like spindle fibers, chromosomes, and crossing over. The Different colors helped us show the change in the DNA and detailed diagrams made the project accurate and easy to understand while also looking visually appealing.

To show the processes of mitosis and meiosis, we decided to use cookies as a fun and creative way to learn. We used fondant to shape chromosomes and placed them on cookies to represent the stages of both processes. The idea came from our love for baking, though we ended up using store-bought cookies instead of baking our own as we did not have the time. Additionally, we used homemade fondant to display the chromosomes. Shaping and arranging the fondant really helped us understand mitosis and meiosis better, clearing up any confusion that we had.

By connecting something we enjoy with biology, we made learning easier and more enjoyable. This project helped us gain a better understanding of the chapter of cell division and our human body. Although we encountered difficulties with the fondant, as it frequently fell apart, the

process was enjoyable, and we were pleased with the final product's appearance. This project was educational and fun which will help us in the future during our exams to recollect the concept.



Back to the Contents page

Moreover, we also presented the chart and cookies in front of many students and teachers. We explained the process of meiosis and mitosis using the chart and cookies and at the end we distributed the cookies for everyone to eat. Through this project, we developed important skills from both the IB Learner Profile and ATL skills.

As inquirers, we researched and explored the processes of mitosis and meiosis to fully understand each step and represent them accurately. We improved our communication skills by using charts with clear diagrams and cookies as models to creatively demonstrate the stages, making the concepts easier to understand. This project helped us deepen our understanding of biology while enhancing our research and communication abilities.







## Terrace Garden: Cultivating Responsibility and Sustainability

The Terrace Garden project is an initiative designed to instil a love for nature while promoting environmental responsibility among students. Engaging in gardening not only nurtures mindfulness and creativity but also served as a therapeutic outlet, helping us to manage stress effectively. By working with plants, observing growth cycles, and tending to green spaces, we experienced a hands-on approach to sustainability.

This initiative is particularly meaningful for us as it integrated seamlessly with the CAS (Creativity, Activity, Service) component. Through took participation, students ownership of various aspects of gardening—planning layouts, selecting plants, maintaining the garden, and ensuring its long-term sustainability. This process encouraged collaboration, problem-solving, and a deeper appreciation for ecological balance, within us as a team.

Beyond the practical aspects, the project also fostered critical reflection. By documenting the contributions, students were able to analyse the impact of their efforts, recognize the importance of sustainable practices, and gain insights into environmental stewardship. The engagement with the Terrace Garden not only enhanced our well-being but also strengthened our commitment to responsible, sustainable living.

Watching the plants thrive with our care made me realize that small, consistent efforts can lead to meaningful change—not just in a garden, but in the world around us.

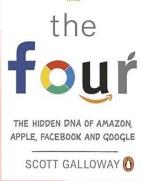




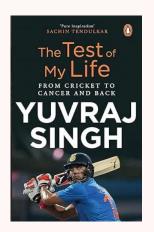
Back to the Contents page

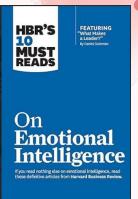
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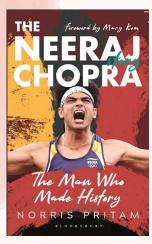
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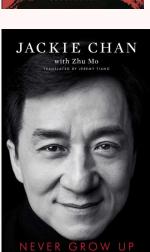


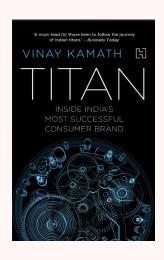


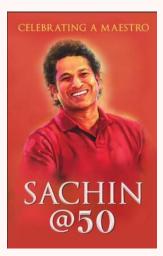


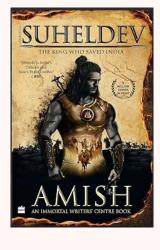


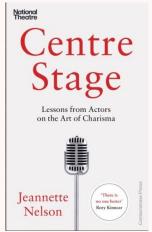


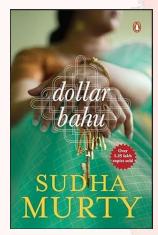






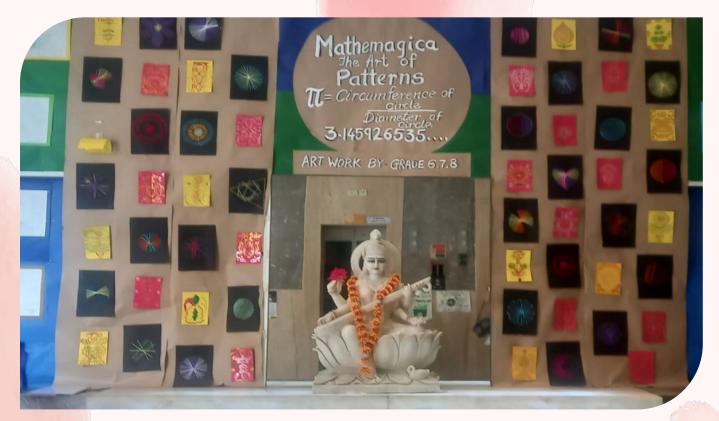








Back to the Contents page



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Acknowledgments: Teachers and Students of Nahar International School.

Compilation and editing of Articles: Ms. Leenakshi Chavan and Ms. Malvika Patel

Compilation, Page setup and Design - Ms. Darshana Rawle Teacher Coordinators - Ms. Karla Ferriera, Ms. Veeral Goradia,

Ms.Debrupa Guha, Darshana Mehta, Soumita Sinha, Jui Damle, Monideepa Ganguly

Original Concept - by slidesgo; Illustrations- by Flaticon and Freepik and content by Sandra Medina

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Back to the Content Page